A CALL FOR A COMMUNITY HEALTH SOLUTIONS

Opioid Prescription Drug Abuse and Heroin Addiction Regional Summit

August 31, 2016
Welcome and Overview

» Angie Hampton, CEO, Egyptian Public & Mental Health Department
» Marvin Lindsey, MSW, CADC, CEO, Community Behavioral Healthcare Association of Illinois
International Overdose Awareness Day (IOAD) is a global event held on August 31st each year and aims to raise awareness of overdose and reduce the stigma of a drug-related death.

It also acknowledges the grief felt by families and friends remembering those who have met with death or permanent injury as a result of drug overdose.

Overdose Day spreads the message that the tragedy of overdose death is preventable. Wear Silver to show your support.
In 2014, 19,000 people died from overdoses involving prescription opioids. 52 per day.

Heroin use has more than doubled in the past decade among young adults aged 18 to 25 years.

From 2013 to 2014, heroin overdose death rates increased by 26%, with more than 10,500 people dying in 2014.

1705 Overdose deaths in 2014 in Illinois

Source: CDC
A 15-year increase in deaths from prescription opioid overdoses

Opioid overdoses driving increase in drug overdoses overall

Drug overdose deaths involving opioids, by type of opioid, United States, 2000-2014

Deaths involving any opioid
Natural & semi-synthetic opioids (e.g., oxycodone, hydrocodone)
Heroin
Other synthetic opioids (e.g., fentanyl, tramadol)
Methadone

SOURCE:
www.cdc.gov/drugoverdose
Illinois has experienced a significant rise in opioid-related deaths

Estimated Age-adjusted Death Rate

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SOURCE: CDC: Drug Poisoning Mortality County Trends
Recent Federal and State Efforts to Address the Opioid and Heroin Epidemic

- House Bill 0001 (Public Act 99-0480)
- Comprehensive Addiction and Recovery Act of 2016 (CARA Act)
- CDC Guideline for Prescribing Opioids for Chronic Pain
- Increased Federal Funding to law enforcement agencies to disrupt the trafficking of prescription opioids, fentanyl and heroin
- Federal Funding to Health Centers to help treat prescription opioid abuse and heroin addiction
- U.S. Surgeon General’s “Turn the Tide” Initiative
What We Hope to Accomplish Today

- Adopt a Regional Action Plan that include agreed upon measurable and actionable goals in which some can be implemented immediately and others will take more time, research and effort.

- The purpose Action Plan is to serve as a guiding master plan as we move forward as a community.

- This document is a working draft and not written in stone.

- Some of these items have unanimous support among the planners, others do not.

- The hope is that this Action Plan will serve as a road map and tie together our various efforts toward the same goals – preventing people from using heroin, helping treat those who have become addicted, choking off both the supply of and demand for heroin in Southern Illinois, and working collaboratively to make our region healthier, safer and stronger.
Strategies

- Expand Public Education & Build Community Partnerships.
- Increase Access to Substance Abuse Treatment.
- Ensure Responsible Prescribing Practices.
- Support Law Enforcement Efforts.
Challenges and Opportunities in Responding to the Opioid/Opiate Epidemic

Shane Koch, Rh.D., CRC, CSADC, AADC, Professor, Rehabilitation Institute, Southern Illinois University

Strategies

- Expand Public Education & Build Community Partnerships.
- Increase Access to Substance Abuse Treatment.
Treatment Options

- Dr. Michael Blain, Eldorado Rural Health Clinic
- Georgianne Broughton, Executive Director, Community Resource Center, Inc.

Strategies:
- Increase Access to Substance Abuse Treatment.
- Ensure Responsible Prescribing Practices.
10:20 - 10:30 AM BREAK
Illinois Prescription Monitoring Program as a Tool

Randy Malan, R.Ph., FASCP, Clinical Director, IL PMP, Adjunct Associate Professor, Department of Psychiatry, SIU School of Medicine

Strategy:

- Ensure Responsible Prescribing Practices.
Tom McNamara, (Retired), Inspector, Southern Illinois Enforcement Group

Strategy:
- Support Law Enforcement Efforts.
Strategies

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- Ensure Responsible Prescribing Practices.
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After you pick up your boxed lunch we will have you go to your designated table by county.

Using your worksheet:

- Briefly discuss current efforts already taking place in your community.
- Choose 3–5 strategies for Coalition/Community to work on over the next year.
- Choose 1-2 priorities for region-wide efforts for the next year.
What is being done currently?
What are gaps?
What is doable with the resources in your community?
What programming would have the best possibility of success in your community?
What are other jurisdictions/organizations doing that might assist your programming?
What are the next steps for your coalition/community?
After our next speaker we will share back with you the results from this planning which will form the basis for our regional plan.

At 1 pm you will turn in one worksheet on behalf of your planning group.
LUNCH AND ACTION PLANNING

11:30 am – 1:00 pm
Legal Issues and Drug Courts

Erika A. Sanders, Associate Judge, Marion County (Invited)

Strategies:

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- Increase Access to Substance Abuse Treatment.
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Next Steps and Call to Action

Woody Thorne, Vice President of Community Affairs, Southern Illinois Healthcare
REVIEW RESULTS OF JOINT PLANNING AND PRIORITIES FOR REGIONAL WORK
Coalition Groups by Geographic Area

- Franklin
- Fayette/Coles/Christian/Clay/Richardson/Wayne/Wabash
- Jackson
- Jefferson
- Marion
- Perry
- Washington/St Clair/Monroe/Randolph
- Saline/White/Gallatin
- Southern Seven
- Williamson
- Wabash and others
Expand Public Education & Build Community Partnerships

- Develop or strengthen or participate in coalition of community partners for public education – JEFFERSON, MARION, PERRY, WILLIAMSON, FAYETTE+, WABASH+, RICHLAND, WASHINGTON+, EGYPTIAN, JACKSON

- Educate public on proper dosage and risk factors of overdose – WILLIAMSON, EGYPTIAN

- Promote prescription drug take-back programs – SO 7, WILLIAMSON, FRANKLIN, WABASH+, JACKSON

- Educate patients on proper dosage, risk factors of overdose and side effects of opioids – MARION, WASHINGTON+, EGYPTIAN

- Provide education to youth on prescription drug misuse and addiction – SO 7, FAYETTE+, RICHLAND, WASHINTON+

- Build community partnerships and promote efforts to increase the availability of naloxone in the community – PERRY, WILLIAMSON, EGYPTIAN

- Educate staff in the administering of naloxone including 911 operators – PERRY, SO 7, FRANKLIN

- Promote efforts to increase the availability of naloxone in the community – MARION, FRANKLIN
Increase Access to Substance Abuse Treatment

- Advocate for increased funding for treatment and insurance coverage - JEFFERSON, FAYETTE+, WASHINGTON+, JACKSON
- Continue efforts to integrate drug abuse treatment and primary care - WABASH+
- Expand medically assisted treatment options - WILLIAMSON, FAYETTE+
- Offer treatment/referrals for patients with substance abuse disorder - JEFFERSON
- Make referrals as appropriate to substance abuse treatment - FRANKLIN
- Fund and expand drug courts - SO 7, WILLIAMSON
- Institute drug treatment for incarcerated individuals; ensure continuity of care upon release - FAYETTE+
- Increase access to effective substance-abuse treatment including drug replacement and maintenance therapy programs - MARION, FRANKLIN, SO 7, WILLIAMSON, FAYETTE+
Ensure Responsible Prescribing Practices

- Promoting the use of the PMP - PERRY, SO 7, FAYETTE+, FRANKLIN, JACKSON
- Share data with healthcare providers on misuse of prescription drugs - FRANKLIN
- Encourage use of non-prescription options for pain relief - WILLIAMSON
- NEW – Access to care resources for schools - WILLIAMSON
- NEW – Engage local MD’s - Egyptian
Support Law Enforcement Efforts

- Educate law enforcement about the nature of addiction – MARION, WILLIAMSON
Regional Efforts

- Conduct comprehensive/consistent information campaign to educate community on risks and to reduce the stigma of addiction – JEFFERSON, MARION, FRANKLIN, RICHLAND
- Support Good Samaritan Laws - FRANKLIN
- Facilitate collaboration with other organizations such as law enforcement, schools, PCP and others - WILLIAMSON, FRANKLIN, WABASH+, WASHINGTON, JACKSON
- Advocate for treatment options and optimize existing services – JEFFERSON, SO 7
- Support measures to increase funding and capacity for addiction treatment – WASHINGTON+
- Educate healthcare providers and pharmacies about prescription drug abuse and overdose, prevention strategies and prescription security – WASHINGTON+
- Support police in their role to prevent overdose deaths – SO 7
- **EGYPTIAN marked nearly all.
SIU School of Medicine Center for Rural Health and Social Service Development staff are available to provide assistance.

A blank Coalition Action Plan is available in your folders for your group to work on.

At the next meeting on February 28th, we will ask that each group report out on their progress since today’s meeting.
Contact Information

- Resources
- Connections
- Updates
- Assistance
- Questions

CRHSSD Staff
618-453-1262
ksanders@siumed.edu
Next Meeting:
February 28, 2017
Location: TBD
Steering Committee

- Marvin Lindsey, Community Behavioral Healthcare Association
- Bruce Angleman, Heritage Behavioral Health, Inc.
- Angie Bailey, Southern Illinois Healthcare
- Tom Bik, SIU School of Medicine Center for Rural Health and Social Service Development
- Georgianne Broughton, Community Resource Center, Inc.
- Angie Hampton, Egyptian Health Department
- Allison Hasler, Illinois Department of Public Health
- Ruth Heitkamp, SIU School of Medicine Center for Rural Health and Social Service Development
- Patsy Jensen, Shawnee Health Service
- Miriam Link-Mullison, Jackson County Health Department
- Dennis Presley, SIU School of Medicine Center for Rural Health and Social Service Development
- Kim Sanders, SIU School of Medicine Center for Rural Health and Social Service Development
- Woody Thorne, Southern Illinois Healthcare
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