GROUP DISCUSSION INSTRUCTIONS:

1. Break into discussion group by county/health department. Name jurisdiction(s) your group represents:
   _____ Perry County

2. Have team members introduce self and add name to this list.

<table>
<thead>
<tr>
<th>NAME</th>
<th>COMMUNITY MEMBER/AGENCY/ORGANIZATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steve Bareis</td>
<td>Perry County Sheriff’s Office</td>
</tr>
<tr>
<td>Wally Behm</td>
<td>Perry County Sheriff’s Office</td>
</tr>
<tr>
<td>Scott Kellerman</td>
<td>Perry County Sheriff’s Office</td>
</tr>
<tr>
<td>Susan Engelhart</td>
<td>Perry County Counseling Center</td>
</tr>
<tr>
<td>Melissa Gibbs</td>
<td>Perry County Counseling Center</td>
</tr>
<tr>
<td>Nicole Marlow</td>
<td>Perry County Health Department</td>
</tr>
<tr>
<td>Barbara Taylor</td>
<td>Perry County Health Department</td>
</tr>
<tr>
<td>Rodger Ehler</td>
<td>DEA</td>
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3. Determine who will take on the following roles in your group:
   Facilitator: ___________________________________  Notetaker: ________________________________

4. Briefly list current efforts in your community:
   Working on getting Narcan for overdose; Training for nasal use for sheriff’s office; increaser treatment entry from jail; coalition coordinated county anti-drug Community event October 5th; drug prevention evidence based program in schools through Perry Co. counseling, Perry C. Health Dept., PMP, Rx drug take-back.

5. Using Menu of Strategies, select the potential 3-5 strategies to work on collaboratively in your community over the next year. Also discuss which of the strategies your group members believe should be conducted regionally, select only 1-3. The yellow copy of your worksheet will be collected by one the facilitators.
## Southern Illinois MENU of STRATEGIES

<table>
<thead>
<tr>
<th>Sector</th>
<th>Expand Public Education &amp; Build Community Partnerships</th>
<th>Increase Access to Substance Abuse Treatment</th>
<th>Ensure Responsible Prescribing Practices</th>
<th>Support Law Enforcement Efforts</th>
</tr>
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</table>
| **Public Health/Coalition/Community** | X Develop or strengthen coalition of community partners for public education.3,1  
_ Educate public on proper dosage and risk factors of overdose.4  
_ Promote prescription drug take-back programs in various locations.3 | _Advocate for increased funding for treatment and insurance coverage.1  
_ Expand screening.1 | _Promoting the use of the PMP.4  
_ Share data with healthcare providers on misuse of prescription drugs.4 | _Support those in the criminal justice system to address the “supply side” of the issue.1  
_ Educate law enforcement about the nature of addiction so it can become treatment rather than just law enforcement.1 |
| **Healthcare Providers/Pharmacies** | ____ Participate in community coalitions.1,5  
_ Educate patients on proper dosage, risk factors of overdose and risk and side effects of opioids.4,5  
_ Promote prescription drug take-back programs.3 | ____ Continue efforts to integrate drug abuse treatment and primary care.1  
_ Expand medically assisted treatment options.3  
_ Offer treatment/referrals for patients with substance abuse disorder.3 | ____ Ensure patients receive pain meds that they need for continued function; do not over prescribe.1,5  
_ Encourage use of non-prescription options for pain relief.3  
_ Register and utilize PMP.3  
_ Review policies and procedures to ensure opioids are handled properly.5 | ____ Support those in the criminal justice system to address the “supply side” of the issue.1 |
| **Schools**                  | ____ Provide education to youth on prescription drug misuse.3 | ____ Make referrals as appropriate to substance abuse treatment.3 | ____ | ____ |
| **Law Enforcement**           | X Build community partnerships and promote efforts to increase the availability of naloxone in the community.1  
_ X Educate staff in the administering of naloxone including 911 operators.1  
_ Expand programs to enable proper disposal of prescription drugs.1  
_ Develop “Neighborhood Watch” groups in collaboration with local law enforcement.1 | ____ Fund and expand drug courts.1  
_ Institute drug treatment for incarcerated individuals; ensure continuity of care upon release.3 | ____ Increase surveillance of drug abuse and illicit drug use trends.4 | ____ Address the “supply side” of the issue.1  
_ Increase Regulation of Pill Mills aimed at Interventions.1 |
| **Treatment Providers**       | X Participate in community coalitions.1,5  
_ Promote efforts to increase the availability of naloxone in the community.1 | ____ Increase access to effective substance-abuse treatment including drug replacement and maintenance therapy programs.4  
_ Advocate for insurance coverage of substance abuse services.1 | ____ Encourage state to utilize PMP to improve access to substance abuse services.1 | ____ Support those in the criminal justice system to address the “supply side” of the issue.1  
_ Educate law enforcement about the nature of addiction so it can become treatment rather than just law enforcement.1 |
<table>
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<tr>
<th>Regional Efforts</th>
<th>Conduct comprehensive/consistent information campaign to educate community on risks and to reduce the stigma of addiction.</th>
<th>Advocate for treatment options and optimize existing services.</th>
<th>Educate healthcare providers and pharmacies about prescription drug abuse and overdose, prevention strategies and prescription security.</th>
<th>Provide training on evidence based, best practices like; drug courts, diversion to treatment, and others need to be adopted.</th>
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<tr>
<td></td>
<td>Support Good Samaritan Laws¹</td>
<td>Support measures to increase funding and capacity for addiction treatment¹</td>
<td>Share information on casual factors (e.g. chronic pain, prescribing practices, and illegal drug markets) and engage at the root level to reduce demand for illegal opioid drugs.²</td>
<td>Support police in their role to prevent overdose deaths¹</td>
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<td></td>
<td>Facilitate collaboration with other organizations such as law enforcement, schools, PCP and others.³</td>
<td></td>
<td>Leverage HIT to improve clinical care and reduce abuse¹</td>
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PMP=prescription drug monitoring program, PCP=Primary Care Provider, HIT=Health Information Technology

Key Recommendations:
1. Proposed by CBHA Southern District Members - August 8, 2014
2. Regional Planning Meeting – Participant Discussion - June 6, 2016

6. **List the next specific steps to take over the next 6 months to address the priorities your group has selected.**

   1. Promote Opiate Event on October 5, 2016
   2. Hold Opiate Event Oct. 5th Tim Ryan with schools and community
   3. Build coalition (strengthen)
   4. Train entire staff at Sheriff’s Office on Narcan
   5. Reach out to physician office’s about PMP
   6. Resource list with available services
   7. Educate community on opioid/drug use
   8. Use October 14 PCHCC meeting to follow-up from October 5th event.