GROUP DISCUSSION INSTRUCTIONS:

1. Break into discussion group by county/health department. Name jurisdiction(s) your group represents:

   ____Clay, Wabash and Wayne Counties____________________________

2. Have team members introduce self and add name to this list.

<table>
<thead>
<tr>
<th>NAME</th>
<th>COMMUNITY MEMBER/AGENCY/ORGANIZATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cynthia Poland</td>
<td>Wabash County Health Department</td>
</tr>
<tr>
<td>Emily Anderson</td>
<td>Clay and Effingham County Health Departments</td>
</tr>
<tr>
<td>Dana Shantel Taylor</td>
<td>Fairfield Memorial Hospital</td>
</tr>
<tr>
<td>Tamara Gould</td>
<td>Wabash General Hospital</td>
</tr>
<tr>
<td>Eldo Deisher</td>
<td>Wabash General Hospital</td>
</tr>
</tbody>
</table>

3. Determine who will take on the following roles in your group:

   Facilitator: ____Cindy Poland______________________________  Notetaker: ____Cindy Poland______________________________

4. Briefly list current efforts in your community:

   WCHD provides outpatient substance abuse treatment and participates in drug court; Wabash and Fairfield Hospitals use the IL PMP; Project Success in Wabash Co. educates on drugs and promotes drug free lives for youth; Cope Program at Clay Co., Hospital; D.A.R.E. Program in Wayne Co.; Drug take back program; machine and sheriff’s office; Wayne and Wabash provide lockable medicine chests to parents with kids; Coalition against Drug Abuse in Clay Co.

5. Using Menu of Strategies, select the potential 3-5 strategies to work on collaboratively in your community over the next year. Also discuss which of the strategies your group members believe should be conducted regionally, select only 1-3. The yellow copy of your worksheet will be collected by one the facilitators.
<table>
<thead>
<tr>
<th>Sector</th>
<th>Expand Public Education &amp; Build Community Partnerships</th>
<th>Increase Access to Substance Abuse Treatment</th>
<th>Ensure Responsible Prescribing Practices</th>
<th>Support Law Enforcement Efforts</th>
</tr>
</thead>
</table>
| **Public Health/Coalition/Community**       | **X** Develop or strengthen coalition of community partners for public education.¹,²,³  
  **X** Educate public on proper dosage and risk factors of overdose.⁴  
  **X** Promote prescription drug take-back programs in various locations.³ | **X** Advocate for increased funding for treatment and insurance coverage.¹  
  **Regional**  
  **X** Expand screening.¹ | **X** Promoting the use of the PMP⁴  
  **X** Share data with healthcare providers on misuse of prescription drugs⁴  
  **State should do this** | **X** Support those in the criminal justice system to address the “supply side” of the issue.¹  
  **Educate law enforcement about the nature of addiction so it can become treatment rather than just law enforcement.¹** |
| **Healthcare Providers/Pharmacies**         | **X** Participate in community coalitions¹,⁵  
  **X** Educate patients on proper dosage, risk factors of overdose and risk and side effects of opioids.⁴,⁵  
  **X** Promote prescription drug take-back programs³  
  **X** Continue efforts to integrate drug abuse treatment and primary care.¹  
  **X** Explore/Expand medically assisted treatment options.³  
  **X** Offer treatment/referrals for patients with substance abuse disorder³  
  **X** Ensure patients receive pain meds that they need for continued function; do not over prescribe.¹,⁵  
  **X** Encourage use of non-prescription options for pain relief.³  
  **X** Register and utilize PMP.³  
  **X** Review policies and procedures to ensure opioids are handled properly.³ | **X** Make referrals as appropriate to substance abuse treatment.³  
  **X** Fund and expand drug courts.¹  
  **X** Institute drug treatment for incarcerated individuals; ensure continuity of care upon release.³  
  **X** Increase surveillance of drug abuse and illicit drug use trends.⁴ | **X** Support those in the criminal justice system to address the “supply side” of the issue.¹  
  **X** Educate law enforcement about the nature of addiction so it can become treatment rather than just law enforcement.¹ | **X** Support those in the criminal justice system to address the “supply side” of the issue.¹  
  **X** Increase Regulation of Pill Mills aimed at Interventions¹ |
| **Schools**                                 | **X** Provide education to youth on prescription drug misuse.³  
  **X** Make referrals as appropriate to substance abuse treatment.³ | **X** Fund and expand drug courts.¹  
  **X** Institute drug treatment for incarcerated individuals; ensure continuity of care upon release.³ | **X** Increase surveillance of drug abuse and illicit drug use trends.⁴ | **X** Address the “supply side” of the issue.¹  
  **X** Increase Regulation of Pill Mills aimed at Interventions¹ |
| **Law Enforcement**                         | **X** Build community partnerships and promote efforts to increase the availability of naloxone in the community.¹  
  **X** Educate staff in the administering of naloxone including 911 operators.¹  
  **X** Expand programs to enable proper disposal of prescription drugs.¹  
  **X** Develop Crime Stoppers/“Neighborhood Watch” groups in collaboration with local law enforcement¹  
  **X** Increase access to effective substance-abuse treatment including drug replacement and maintenance therapy programs.⁴  
  **X** Advocate for insurance coverage of substance abuse services.¹  
  **Regional**  
  **X** Increase access to effective substance-abuse treatment including drug replacement and maintenance therapy programs.⁴  
  **X** Advocate for insurance coverage of substance abuse services.¹  
  **Regional**  
  **X** Encourage state to utilize PMP to improve access to substance abuse services.¹ | **X** Support those in the criminal justice system to address the “supply side” of the issue.¹  
  **X** Educate law enforcement about the nature of addiction so it can become treatment rather than just law enforcement.¹ | **X** Support those in the criminal justice system to address the “supply side” of the issue.¹  
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  **X** Increase Regulation of Pill Mills aimed at Interventions¹ |
### Regional Efforts

<table>
<thead>
<tr>
<th>PMP=prescription drug monitoring program, PCP=Primary Care Provider, HIT=Health Information Technology</th>
</tr>
</thead>
</table>
| **Conduct comprehensive/consistent information campaign to educate community on risks and to reduce the stigma of addiction.**<sup>2</sup>  
**Support Good Samaritan Laws**<sup>1</sup>  
**Facilitate collaboration with other organizations such as law enforcement, schools, PCP and others.**<sup>3</sup> |
| **Advocate for treatment options and optimize existing services.**<sup>2</sup>  
**Support measures to increase funding and capacity for addiction treatment**<sup>1</sup> |
| **Educate healthcare providers and pharmacies about prescription drug abuse and overdose, prevention strategies and prescription security.**<sup>4</sup>  
**Share information on casual factors (e.g. chronic pain, prescribing practices, and illegal drug markets) and engage at the root level to reduce demand for illegal opioid drugs.**<sup>2</sup>  
**Leverage HIT to improve clinical care and reduce abuse**<sup>1</sup> |
| **Provide training on evidence based, best practices like; drug courts, diversion to treatment, and others need to be adopted.**<sup>2</sup>  
**Support police in their role to prevent overdose deaths**<sup>1</sup> |

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**Key Recommendations:**

1. Proposed by CBHA Southern District Members - August 8, 2014  
2. Regional Planning Meeting – Participant Discussion - June 6, 2016  

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6. **List the next specific steps to take over the next 6 months to address the priorities your group has selected.**

   1. Continue efforts to integrate primary care and mental health/substance abuse  
      a. Wabash County Health Department and Wabash General Hospital/physician offices begin discussions regarding this possibility.

   2. Increase communication in our current community coalitions.

   3. Survey providers who are using the IL PMP.