Opioid Use and Treatment

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Goals of Presentation

To strengthen your knowledge about ...

• The severity and impact of heroin and opiate addiction;
• Opportunities for treatment and recovery with Centerstone; and
• How YOU can help!

Thank you for being here!
Did you know?

- Daily on average: 3,900 people initiate nonmedical use of prescription opioids (CDC)
- Daily on average: 580 people initiate heroin use (CDC)
- Daily on average 78 people die from an opioid related overdose (CDC)
- Nearly 80% of Americans using heroin (including those in treatment) reported misusing opioids before moving on to heroin (NIDA)
- Pills are harder to get - heroin is cheaper and everywhere.
Centerstone at a Glance

- National, private, not-for-profit 501(c)(3) healthcare organization
- 60+ years in operation
- Specializing in the treatment and rehabilitation of individuals with mental illness, addictions, traumas, and intellectual/developmental disabilities
- Five state primary footprint
- CARF and Joint Commission Accredited
  - Including specialized CARF Accreditation – Adult and Children & Youth Health Home

In FY2016

People Served
172,000+  
49%-Male | 51%-Female  
All ages served

Services Provided
2,781,000+

Staff
5,000+ clinical and administrative staff and a national network of over 700 contract therapists

Signature Service Lines
- Health Homes  
- Integrated Primary Care  
- MAT/Addictions Services  
- Hospital and Crisis Services  
- Active Military and Veterans  
- Intellectual and Developmental Disabilities
Centerstone of Illinois
Where we Are Now

**Level 0.5 Early Intervention**
- Early Intervention, no diagnosis
- Individual and Group
- Some Case Management

**Level 1 Out Patient**
- Less then 9 hours per week
- Have Substance Use Disorder
- Individual and Group
- Some Case Management
- Medication Assisted Treatment:
  - *Methadone, Suboxone, Vivitrol*

**Level 2 Intensive Out Patient**
- A minimum of 9 hours
- More structure
- Have Substance Use Disorder
- Individual and Group
- Some Case Management
- Medication Assisted Treatment
  - *Methadone, Suboxone, Vivitrol*
Addictions Continuum Model
Where We Are Going

• Evidence based and data driven treatment
• Multi-disciplinary Team:
  Nursing, Prescriber, Therapist, Recovery Coach, Recovery Peer coach
• Recovery Capital Scale used to identify treatment goals and to monitor outcomes
  ◦ Developed by William White
  ◦ Identified area for improvement/change; not diagnostic
  ◦ 10 Scored domains; ex. Mental health, support and financial independence
• Drug Screenings used monthly to monitor successful reductions in substance use and to inform treatment
How to Contact Centerstone of Illinois

- All new clients need an initial assessment
- Referrals: self, medical staff, legal, community organizations

618-462-2331
Alton: 2615 Edwards Street  Alton, IL 62002

855-608-3560
Carbondale: 2311 South Illinois Avenue  Carbondale, IL 62903
Marion (ICH): 3111 Williamson County Parkway  Marion, IL 62959
Marion (Main Street): 1307 W Main Street  Marion, IL 62959
West Frankfort: 902 W Main Street  West Frankfort, IL 62896
Hope for Recovery

How you can help...

• Prescriber: Consider increased use of Prescription Drug Monitoring Program & utilizing safe prescribing practices
• Prescriber: Screening and referral
• All: Be supportive
• All: Learn the signs of intoxication and withdrawal
• All: Learn how to safely use Naloxone during an emergency overdose
References

• CDC, MMWR, 2015; 64: 1-5
• CDC Vital Signs, 60 (43) 1487-1492
• CDC (2016) Opioid Overdose
  https://www.cdc.gov/drugoverdose/epidemic/index.html
• National Drug Intelligence Center
• National Institute on Drug Abuse (NIDA)
  https://www.drugabuse.gov/publications/drugfacts/heroin